



THE ASSUMPTIVE DIVE



DISCOVERING YOUR 'SILENT SHAPERS' – IMPROVING YOUR OPINIONS

P R O G R A M M E O U T L I N E

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WHY JOIN THIS PROGRAMME?

Forming opinions and expressing them is something we do every day. In our time of 'fake-news', 'half-truths', and 'alternative facts' it is becoming essential for genuine conversation for each of us to be aware about how we and others form, hold, and express opinions.

We all have 'silent shapers' of our opinions – a deep down sense of 'how the world works'. These views are grounded so deep that we usually are not even aware of why we hold them – unless we have undertaken a conscious effort at discovery such as in *The Assumptive Dive*.

This effort is fundamental to the quality of our personal and professional relationships and to the tone of our organisations and society.

*It's not just **other** people who have silent shapers of their opinions – DO YOU KNOW YOURS?*

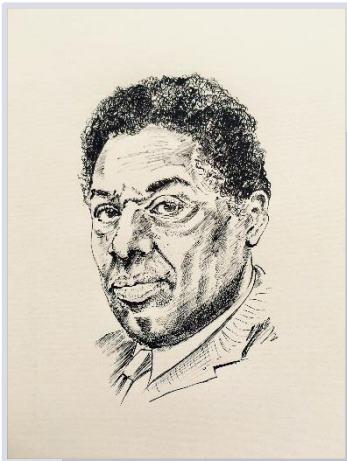
Understand Self, Understand Others: The Assumptive Dive is a highly engaging series of guided readings that will transform How You Think about the sources of opinions and beliefs which silently shape your thinking and behaviour about key matters in human affairs.



Participants read *A Conflict of Visions* by Thomas Sowell – economist, social theorist, political philosopher, author, and media commentator.

The sessions will utilize a key passages approach and other thought-provoking material selected by Professor Connell Fanning.

The explorations will take place over two months in 4 three-hour sessions at fortnightly intervals and will be delivered through a combination of facilitator presentations, group analyses and participant dialogues.



WHO WOULD BENEFIT?

- People interested in improving How to Think about the sources of the beliefs which largely govern our behaviours;
- People who wish to build confidence to express opinions in discussions and strengthen their thinking;
- People navigating conflict of ideas and who need to create and manage meaningful dialogues;
- People engaged in trust-building and having to deal with toxic issues in organisational cultures.

OUTCOMES

The Assumptive Dive will help you:

- Expand self-awareness into how behaviour is grounded in deep sources and how this affects relationships;
- Elevate your judgment capability by raising awareness about your and others' sources of opinions;
- Learn how to use and manage these sources for more effective decision-making and better relationship-building;
- Become more in control of your thoughts and actions;
- Enhance your power of forming well-grounded opinions and build confidence for expressing them publicly;
- Better interpret and assess the meaning of opinions expressed by a wide range of people.

WHO WILL DELIVER THIS PROGRAMME?



Dr. Connell Fanning

Professor Emeritus of Economics, UCC

Director, The Keynes Centre

PROGRAMME DETAILS

Check our website keynes.ucc.ie for dates, venue and fee.

Group numbers are limited to optimize dialogues and learning.

Programme is offered subject to sufficient demand existing to form a group.

We take expressions of interests from individuals all year.

If you would like to offer this Programme in your company, talk to us and we will customise it to suit your needs.

**Please contact us at
keynes@ucc.ie**

**ELIGIBLE FOR
CPD ACCREDITATION**